

SMOOTHIES GF DF N

signatures 16/20oz



PB + J

maine blueberries, strawberries, banana, peanut butter, date, cinnamon, almond milk 9.99 / 11.99



SUMMER BERRY

strawberries, raspberries, banana, lemon, orange, date, almond milk 9.99 / 11.99



ENERGIZE

strawberries, pineapple, mango, carrot juice 9.99 / 11.99



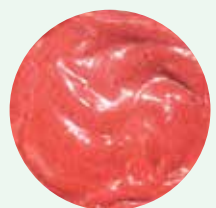
PROBIOTIC CREAMSICLE

orange, mango, banana, date, turmeric, probiotic, vanilla coconut cream, almond milk 9.99 / 11.99



PITAYA PUNCH

pink dragon fruit, pineapple, mango, banana, orange, lemon, date, oat milk 10.99 / 12.99



CHERRY BERRY GLOW

cherries, strawberries, collagen, sea moss gel, dates, lemon, vanilla coconut cream, almond milk, berry chia jam 11.99 / 13.99

protein 16/20oz



MACA PB CUP

peanut butter, banana, maca, raw cocoa powder, vegan chocolate protein, sea salt, date, almond milk 9.99 / 11.99



CHAI ALMOND PROTEIN

almond butter, banana, house chai spices, vegan vanilla protein, flax, almond milk 9.99 / 11.99



BLUE MERMAID

blue spirulina, banana, brazil nuts, vegan vanilla protein, sea salt, maca, date, almond milk 9.99 / 11.99



MIND + MOOD

cold brew coffee, banana, almond butter, raw cocoa powder, brazil nuts cinnamon, date, oat milk 9.99 / 11.99

we cannot guarantee safe smoothie preparation free from nut allergens.

no substitutions, please.

greens 16/20oz



REVITALIZE

spinach, kale, mint, lime, banana, pineapple, coconut water 9.99 / 11.99



FRESH GREEN

spinach, kale, banana, mango, pineapple, orange, ginger, date, oat milk 9.99 / 11.99



BLUEBERRY MATCHA

maine blueberries, spinach, kale, banana, matcha, lemon, date, bee pollen, oat milk 10.99 / 12.99

SUPERFOODS

almond butter 1.50
cocoa nibs 1.50
ground flax 0.50
matcha 0.75
maca 0.75
vegan proteins 1.50
sea moss gel 1.50
blue spirulina 1.50

spirulina 0.75
probiotic 1.00
peanut butter 1.00
turmeric 0.75
ginger 0.75
collagen 2.00
bee pollen 0.75
hemp seeds 1.00

SMOOTHIE BOWLS

BLUEBERRY ACAI (GF) (DF) (N)

frozen acai, maine blueberries, banana, orange, almond milk (blended), topped with granola, banana, berries, bee pollen, honey 14.99

PB + COCOA (GF) (DF) (N)

banana, peanut butter, cocoa nibs, flax, date, oat milk (blended), topped with granola, banana, strawberries, cocoa nibs, hemp seeds, honey 14.99

MERMAID (GF) (DF) (N)

banana, blue spirulina, vegan vanilla protein, peanut butter, maca, date, sea salt, almond milk (blended), topped with granola, banana, berries, strawberry chia jam drizzle 14.99

BLISSFUL BERRY (GF) (DF) (N)

maine blueberries, strawberries, banana, peanut butter, date, cinnamon, almond milk (blended), topped with granola, banana, berries, hemp seeds, honey 14.99

PINK DRAGON (GF) (DF)

pink dragon fruit, banana, mango, pineapple, orange, lemon, date, oat milk (blended), topped with granola, banana, berries, bee pollen, honey 14.99

BREAKFAST ALL DAY

BREAKFAST BURRITO

two eggs scrambled, black beans, brown rice, cheddar, avocado, chipotle ranch, fresh salsa 13.99 / (GF) as bowl on greens 14.99

VEGAN BREAKFAST BURRITO (V) (N)

lentil walnut chorizo, mushrooms, black beans, brown rice, herbed cashew cheese, avocado, dairy-free chipotle ranch, fresh salsa 14.99 / (GF) as a bowl on greens 15.99

BREAKFAST SANDWICH

multigrain english muffin, two over hard eggs, cheddar, and your choice of local breakfast sausage or local bacon 9.99

AVOCADO TOAST (V)

multigrain, smashed avocado, pink salt, red pepper flakes, lemon olive oil, hemp seeds, micro greens half size 7.99 / full size 12.99
• add street corn salad to your toast 2.00

BLUEBERRY WAFFLES (GF)

two house made gluten free blueberry waffles topped with fresh berries, gluten free granola, hemp seeds, side of maine maple syrup 13.99

FULL
KITCHEN
MENU
COMING
SOON

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(!) please let us know of any allergies, all ingredients may not be listed (GF) gluten free (V) vegan (DF) dairy free (N) contains nuts